

ANGELICA M. ZAID, M.D.

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Encinitas, California 92024
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Post-Graduate Private Practice:

Physician & Surgeon, OB/GYN
Founder, Women's Integrative Health, Encinitas, CA
(07/99- present)
Employee, North Coast OB/GYN, Encinitas, CA
(06/96 – 06/99)

License: California (1995 - present) : # G81989

Board Certified:

American Board of Obstetrics & Gynecology
American Board of Anti-Aging & Regenerative Med.

Residency Training:

Phoenix Integrated Residency in OB/GYN
Phoenix, AZ (07/92 - 06/96)

Medical Education: (09/88 - 06/92)

University of California, San Diego (UCSD)
Medical Degree (M.D.): 1992

Undergraduate Education: (09/81- 06/87)

University of California, Los Angeles (UCLA)
B.S. in Psychobiology

Awards:

Best Resident Research Presentation (06/95)
"FISHing for cervical cancer"

Resident Research Prize Papers:

FIRST PLACE (06/94):
"Factors Affecting Access to Prenatal Care
for Hispanic Women"

SECOND PLACE (09/95):
"FISHing for Cervical Cancer"
American College of OB/GYN,
Arizona Section Award

Medical School Research Prize Paper:

FIRST PLACE (06/92)
"Factors Affecting Access to Prenatal Care
for Hispanic Women"
UCSD, Joseph Stokes Award

Honors:

Obstetrics Sub-internship Honors (1992)
L.A. County/USC Women's Hospital
UCSD Psychiatry Clerkship Honors (1991)
UCLA Dean's Honor List (1987)

Personal Data:

Born: 09/12/64, Los Angeles, CA
Spouse: Gavin L. Zaid , MBA
Fluent in Spanish
Interests: Health/Nutrition, Spirituality,
Exercise/Yoga, Writing, Public speaking.

Publications:

Zaid, AM, Fullerton JT, Moore T.: Factors
Affecting Access to Prenatal Care for
Hispanic Women, *Journal of Nurse
Midwifery*, July-August 1996.

Presentations:

Grand Rounds:

St. Joseph's Hospital, Phoenix, AZ
"Breast Cancer Screening: A Different
Look at the Evidence" (August 1995)
"FISHing for Cervical Cancer" (June 1995)
"Factors Affecting Access to Prenatal Care
for Hispanic Women" (August 1994)

Scripps Hospitals, San Diego County
"Abnormal Vaginal Bleeding" (1996)

Community Lectures:

"Natural Approaches to Menopause"
"Alternatives to Hysterectomy:
For Uterine Fibroids"
"Antiaging Remedies"
"Menopause Update after WIH study"
"Childbirth with Hypnosis"
"Female Hormone Therapies: Case Studies"

Conferences:

A4M Female Bioidentical Hormones,
(Orlando, FL) (April 2009)
Scripps Integrative Medicine: Natural
Supplements, An Evidence Based Update
(La Jolla, CA) (January 2007)
Anti-aging Medicine: Women's Hormone
Therapies" (Santa Fe, NM) (June 2004)
"FISHing for Cervical Cancer" (ACOG,AZ)
(September 1995)
"Factors Affecting Access to Prenatal
Care for Hispanic Women" (ACOG,AZ)
(June 1994)